

## **FAMILY & CHILDREN'S SERVICES**

For 60 years, The Arc of Baltimore has assisted families of children with disabilities in the Baltimore area. What began as a small support group for just a couple of parents is now a community advocacy and support system for nearly 4,000 individuals with various developmental disabilities and their families.

The Family and Children Services Division continues to offer educational opportunities to families and caregivers of children with special needs. Staff are available to help with questions about Individual Education Programs (IEP), assistive technology that can benefit your child, respite providers available in your area and funding that may be available to you and your family.

Join us for one or all of our Family Support Series Workshops, or call our division to get more information and resources.

## **The Arc of Baltimore Mission**

To ensure that people with developmental disabilities have maximum opportunities to actively participate in all aspects of community life, and to offer programs and services that support them in doing so.

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Please visit our website at [www.arcofbaltimore.org](http://www.arcofbaltimore.org) for information about:

- 2010 Camp Manual
  - Baltimore CityWide Special Education Advocacy Project Calendar
  - Respite Application
  - Event Information
  - Sign up for our e-newsletter to stay abreast of Arc news and resources
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## **The Arc of Baltimore, Inc. Community Resource Center**

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*Sixty years of daily achievements*

Advocacy, resources and community  
for people with developmental disabilities



# 2010 Family Support Series

The Arc of Baltimore presents the 2010

## **FAMILY SUPPORT SERIES WORKSHOPS**

The Arc of Baltimore is pleased to offer six support workshops this year for families and caregivers to gain a deeper understanding of various topics regarding children with special needs.

Each workshop includes special guest speakers to discuss the workshop topic, as well as an opportunity for participants to share or ask questions. A light dinner will be provided as well as childcare for families unable to locate someone to care for their children. All workshops are held in the evening, 6 ~ 9 pm at our Seton facility, 6151 Metro Drive, with the exception of the networking picnic which will be held from 4 ~ 7 pm behind our York Road office, 7215 York Road.

*If you have any questions or to make a reservation, please contact Becky Hartnett at 410-296-2272 ext. 5351 or [bhartnett@arcofbaltimore.org](mailto:bhartnett@arcofbaltimore.org). If you require special accommodations, please let Becky know when registering.*

**Wednesday, February 3, 2010 6 ~ 9 pm**

### **Graduation Requirements/ Transitioning**

This evening will educate you on how graduation requirements affect students with disabilities in Maryland and on how to effectively transition your child from school to work and/or college and adulthood.

**Wednesday, May 3, 2010 6 ~ 9 pm**

### **Making it Work**

#### **Marriage/Relationships and raising a child with developmental disabilities**

Raising a child can bring challenges as well as joy to a marriage/relationship. Adding a developmental disability to the mix will still bring great joy, but may also bring greater challenges. Spend an evening exploring strategies to help hold marriages/relationships together in the face of these challenges.

**Wednesday, July 21, 2010 4 ~ 7 pm**

### **Networking Picnic**

Enjoy a picnic supper and fun for the kids in an informal setting. Family and caregivers will be able to meet new friends and share information about resources. This was a great success the last three years and we hope you will join us this year!

**We are changing to Tuesdays in September!**

**Tuesday, September 28, 2010 6 ~ 9 pm**

### **IEP (Individual Education Plan)**

What should an IEP contain? How to plan an IEP? What should happen at a team meeting? What are your rights as a parent? How do you exercise them? How to incorporate transition planning into the IEP. What is ESY (Extended Year Services)? Explore these and other questions about the IEP process.

**Tuesday, October 26, 2010 6 ~ 9 pm**

### **“Autism the Musical”**

Watch this wonderful film which follows five autistic children for six months. It highlights the struggles and triumphs of their family lives and how a musical production gives these performers a comfort zone to explore their creative sides. A discussion will follow.

**Tuesday, November 9, 2010 6 ~ 9 pm**

### **“Futures Planning”**

No matter what age, planning for the future of your child is an important and difficult process. In this evening we will explore, with the help of professionals, surrogate decision making, guardianship, trusts and applying for public benefits.

